

# **Manitoba Provincial** **Tournament**

**Saturday, April 27<sup>th</sup> 2013**

**CLINIC AND TOURNAMENT** are held at the École Selkirk Junior High (516 Stanley Avenue) in Selkirk, MB

## **Registration / Sign in:**

- For clinic and tournament: 9:00am – 10:00am
- For tournament only: 12:00pm – 12:45pm
- Costs:
  - \$10 per person for clinic
  - \$20 per person for tournament (or \$40 per family)
  - \$25 per person if participating in both (or \$60 per family).

## **Clinic:**

- 10:00am – 12:00pm
- Guest Instructor: *Sensei Alby Morris, Nidan (2<sup>nd</sup> degree black belt)*
- Clinic will focus on self-defense techniques

## **Tournament:**

- Bow in / Divisions Determined: 1:00pm
- Kyu Belt Competition: 1:30pm
- Black belt meeting to be held at 12:00pm following clinic.

**\*\*\*Lunch available for purchase at the school canteen\*\*\***

**Contact Info: Scott or Jeff Corden at [selkirk\\_karate@hotmail.com](mailto:selkirk_karate@hotmail.com)**

## **Hotels in Selkirk:**

*Selkirk Inn & Conference Centre: 162 Main St, Selkirk, MB R1A 1R3 ph: (204) 482-7722*

*Selkirk Motor Hotel: 219 Manitoba Ave, Selkirk, MB ph: (204) 482-1900*

*Selkirk Tavern: 383 Eveline St, Selkirk, MB ph: (204) 482-9571*