



# GLAMORGAN KARATE CLUB

## 8th annual Fall Tournament

Saturday, November 10 2012

Central Memorial High School - 5111 21st St. SW Calgary

**SPECIAL GUEST: Sensei Denis Labbe, SWKKF President!**

Tournament events include Kata and Kumite competition for all participants and youth seminar!  
Adult seminar will be held Friday November 9, hosted by Dynamic Karate.



This year's t-shirts are going to rock! Kids, ladies, and men's shirts will be for sale at the tournament. Prices TBA.

### Cost:

\$20 per competitor

\$50 per family

This includes both tournament and / or seminar.  
Spectators are free.

### Contact:

[info@glamorganwadokai.com](mailto:info@glamorganwadokai.com) or  
Sensei Kevin Bowes (403) 813-9270  
Sensei John Eastly (403) 605-1519

### Please note:

- Mouth guards are **REQUIRED** for all competitors. If you do not have one, there will be limited quantities for purchase at the tournament, but it is recommended to have your own in advance.
- Groin protection is **highly recommended**.
- Hand pads are also required, but may be supplied if competitors do not have their own.

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### Black belts, brown belts, and volunteers:

- Volunteers, please be at the gym at 8:00 am to help set up.
- Black belt meeting is at 8:45 am
- Scoring volunteers meeting at 8:45 am

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- Groin protection is **highly recommended**.
- Hand pads are also required, but may be supplied if competitors do not have their own.
- T-shirts will be available for purchase, prices TBA.
- **There will be no concession available. Please remember to bring a snack for kids, as this is a long morning. Please also be aware that there is no food permitted in the gym.**

### Banquet:

Details at tournament!

### Schedule:

8:15 – 9:00	Youth / Adult registration	
9:00 – 9:30	Bow in and division of competitors	
Groupings will be defined at division of competitors. All youth competitors MUST be registered by 9 am.		
9:30 – 11:00	GROUP A – Seminar (Auxiliary Gym)	GROUP B – Competition (Main Gym)
11:00 – 11:30	Black belt Kumite – Yodan and up	
11:30 – 13:00	GROUP B – Seminar (Auxiliary Gym)	GROUP A – Competition (Main Gym)
12:00 – 13:30	Adult registration	
13:30 – 16:30	Adult competition – White to black belts, ALL divisions	
16:30 – 18:00	Black belt team competition – King of the Ring	





# Friday evening adult seminar

**Host dojo:** Dynamic Karate

**Location:** 990 Tuscany Drive NW

**Date:** Friday, November 9, 2012

**Time:** 7:30 pm - 9:30 pm

**Instructors:** TBA

**Cost:** Your tournament entry fee on Saturday covers the cost of the seminar (Payment due on arrival at seminar.)

